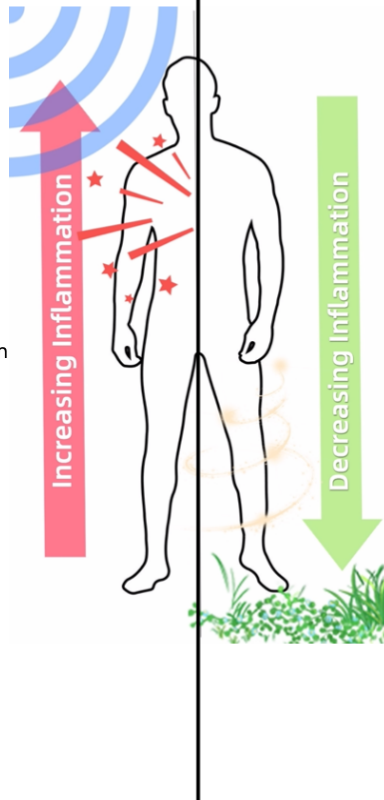


## Effects of EMFs on the Human Body:

### Manmade EMFs

low frequency electrical fields/AC current  
low frequency magnetic fields,  
high frequency RF/electromagnetic fields

Fatigue  
Headache  
Brain Fog  
Anxiety  
Depression  
Irritability  
Insomnia  
Dizziness/vertigo  
Tinnitus  
Increased c-reactive protein  
Increased cytokines  
Increased histamine  
Increased cortisol  
Tachycardia  
High blood pressure  
Hypercoagulation  
Muscle tension  
Muscle pain  
Decreased digestion  
Depressed immunity  
Decreased fertility  
Skin rashes  
Increased pain  
Increased whole body  
inflammation



### Earth's EMFs

Schumann frequency  
DC current via Grounding  
All natural

Boosted energy  
Boosted mood  
Decreased anxiety  
Improved sleep  
Lowered blood pressure  
Improved circulation  
Decreased clotting  
Lowered blood viscosity  
Improved circulation  
Lowered cortisol  
Decreased c-reactive protein  
Decreased histamine  
Decreased cytokines  
Boosted Heart Rate Variability  
Increased oxygenation  
Boosted vagal tone  
Decreased muscle tension  
Decreased muscle soreness  
Improved digestion  
Boosted metabolism  
Boosted immune function  
Boosted libido  
Decreased pain  
Decreased whole body  
inflammation

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